

IDEAS FOR IMPLEMENTING A PLAN

1. Communicate your desire to help them and the concerns you have about their well being. Give them a time line to process the idea of change. Talk and ask questions about their strengths and weaknesses and how they feel they are doing. Discuss the positive benefits of living in and assisted living community. See pamphlet, “Benefits of an Assisted Living Community” by Senior Placement Services. www.seniorplacementservices.com
2. Help educate them on what options are now available to them. Most elderly people have no concept of the wonderful amenities assisted living communities now offer. Their concept might be what was offered 50 years ago – a place to go and die. Communities now offer social connections, recreation activities, van services, home like atmosphere with warm, caring staff, 24-hour security for safety, house keeping, three nutritional meals a day, and much, much, more.
3. Contact Liz Thompson for brochures of different communities and tour your favorite ones.

Senior Placement Services is a FREE referral service to the consumer looking for retirement, assisted and residential living, memory care, and other options

My objective is to come along side families during the overwhelming and daunting task of choosing and locating the right community for their loved one.

I will simplify the process by connecting individuals with qualified, licensed communities specializing in compassion, dignity, privacy and those communities offering a home-like atmosphere.

I am a resource to you and your family looking for information, solutions, and compassion. I will assist you and your loved one in the journey to find the perfect place to call “home”.

Mission Statement

My desire is to serve you
with my hands and feet.

*“The Lord has no hands and feet on earth,
but ours, for we are His body.”*

- author unknown

Senior Placement Services



***Is Your
Parent Ready
For Assisted
Living?***

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Senior Placement Services

Deciding if a parent is ready for an assisted community is a daunting process.

We are accustomed to seeing our parents as self-reliant and in control. We don't want to face the fact that they are getting older and are in a new season of life. Denial can cause adult children to overlook the signs of aging and the need to intervene.

It is a challenge for adult children and their aging parents to exchange roles. Often decisions need to be made for the safety and welfare of the parent that causes change and conflict.

Parents need to feel they still have a say in the decision making process. It is important not to strip them of their dignity and value. They need to know their voice is being heard. Communication is key to showing love and respect.

The best approach is to start early in discussing options before an event takes place where a decision is necessary immediately. There can be too much emotional turmoil during a crisis to make a careful, planned decision.

SIGNS TO LOOK FOR ~ QUESTIONS TO ASK YOURSELF

- Is your parent becoming more and more isolated?
- Is your parent losing weight quickly?
- Is your parent keeping his/her appearance up?
- Is the house kept clean, or are there safety hazards?
- Is the yard maintained?
- Do you worry about appliances left on?
- Do you see unexplained bruising?
- Are bills paid on time or delinquent?
- Do you hear stories that don't add up?
- Are you concerned about their driving abilities?
- Are medications taken daily and on time?
- Are the doors locked for safety?
- Are strangers visiting on a regular basis?
- Do you notice increased anxieties and worries?
- Do you notice a sense of being overwhelmed?
- Are doctor appointments being missed?
- Is the TV the only source of activity?

THINGS TO LOOK FOR IN AN ASSISTED LIVING COMMUNITY

- Is the community licensed?
- Is the location close to family or work?
- Does the community have a warm atmosphere?
- Does the staff interact with the residents?
- How often are assessments done?
- Who gives the meds, what training is required?
- Are 3 meals offered a day?
- Are special dietary needs addressed?
- How often is house keeping done?
- How often is laundry done?
- What social activities are offered?
- How many special trips are offered?
- Will the van transport to doctor visits?
- What services are offered at an additional cost?
- What is the size of the unit? Private bath?
- Can you redecorate?
- Are refunds offered within the first 30 days?
- What utilities are offered?
- What are the professional qualifications of the staff and administrator?
- How are complaints handled?
- What if a spouse needs a different level of care?
- Is the building air-conditioned?
- Is there a barber/beauty shop?

Finding solutions. . . Giving Answers